



2023 NFHS Soccer Exam Part I

1. During a penalty kick, kicker A2 kicks the ball and it immediately deflates. What is the appropriate restart?
 - A. Retake the penalty kick.
 - B. Goal kick awarded to Team B.
 - C. Corner kick awarded to Team A.
 - D. Indirect free kick for Team B.

2. If a goal kick is touched twice by the kicker before another player has touched the ball, what is the proper penalty?
 - A. The goal kick is taken again.
 - B. The kicker is cautioned and the kick is taken again.
 - C. Indirect kick from the spot of the infraction.
 - D. Direct kick taken from the closest position outside of the penalty area.

3. A goal may be scored directly from a:
 - A. Throw-in.
 - B. Dropped ball.
 - C. Goal kick into the opponent's goal.
 - D. Goal kick into a team's own goal.

4. A goal should be allowed if the ball is between the goal posts, under the crossbar, and in which of the following cases?
 - A. A portion of the ball is on the goal line.
 - B. A portion of the ball is beyond the goal line.
 - C. The entire ball is beyond the goal line.
 - D. None of the above.

5. A goal may NOT be scored directly from a:
 - A. Kickoff.
 - B. Direct kick.
 - C. Punt.
 - D. Goalkeeper's throw.

6. During the taking of a penalty kick, the kick rebounds off the goalkeeper's back to an attacking player who entered the penalty area before the kick was taken. What happens?
 - A. Retake the penalty kick.
 - B. Play continues.
 - C. Indirect free kick.
 - D. Goal kick.

7. During the taking of a penalty kick, the kick rebounds off the goalkeeper's back to a defending player who entered the penalty area before the kick was taken. What happens?
- A. Retake the penalty kick.
 - B. Play continues.
 - C. Indirect free kick.
 - D. Goal kick.
8. A1, an offensive player, steps off the field to avoid being called for offside. What is the ruling?
- A. Illegal. Offside should be called on A1.
 - B. Illegal. A1 should be cautioned for the action.
 - C. Legal. A1 can leave the field if for the sole purpose of not being offside.
 - D. Illegal. Team A's head coach should be cautioned.
9. A10, in an offside position, receives a header from B10. What is the ruling?
- A. Illegal. A10 should be called for offside.
 - B. Legal. A10 should be allowed to play the ball as it was last played by an opponent.
 - C. Legal, but A10 cannot score from the succeeding play on the ball.
 - D. Illegal. A10 did not receive the ball from a deliberate play.
10. A4 is in an offside position on the opponent's half of the field. A5 passes the ball to A4 who returns to A4's own half of the field and receives the ball.
- A. Legal. A4 is no longer offside upon return to A4's own half of the field.
 - B. Legal. A4 negates the offside by returning to A4's half of the field.
 - C. Illegal. A4 is still defined as offside.
 - D. Illegal. A4 should be cautioned for unsporting conduct.
11. Spectators enter the field and disrupt play. What does the referee have the authority to do?
- A. Stop play and caution the coach of the team that the spectators represent.
 - B. Stop play and disqualify the coach of the team that the spectators represent.
 - C. Terminate or suspend the game.
 - D. None of the above.
12. B19 is standing in an offside position. B12 kicks the ball forward but the ball deflects off A11 to B19. B19 should be:
- A. Allowed to continue with play as long as B19 passes the ball to B12.
 - B. Allowed to continue with play.
 - C. Penalized for being offside.
 - D. Issued a caution for being offside.
13. Attacker A4 is in an offside position when teammate A8 delivers the ball to A4 with a throw-in. A4 collects the ball and kicks it into the goal. The referee should:
- A. Award an indirect free kick to Team B.
 - B. Award a goal to Team A.
 - C. Award a goal kick to Team B.
 - D. Award a re-take to Team A.

- 14 . Attacker A10, who is in an offside position, receives the ball from a goal kick by A2. What should happen next?
- A. The assistant referee waives the flag to indicate an offside violation.
 - B. The referee stops play and awards an indirect free kick to Team B.
 - C. Play is allowed to continue because there is no offside violation.
 - D. The referee stops play and orders the goal kick to be retaken.
- 15 . The referee has awarded Team B a penalty kick. As B4 runs toward the ball to take the kick, A5 enters the penalty area before B4 kicks the ball. The referee should:
- A. Blow the whistle as soon as A5 enters the penalty area.
 - B. Allow the play to continue and award a goal if the kick by B4 enters the goal. If the goal is not scored, it is retaken.
 - C. Allow the play to continue and award a goal kick if the kick by B4 goes untouched over the goal.
 - D. Allow the play to continue and award a corner kick if the kick by B4 is played by the goalkeeper who pushes the ball over the goal line outside of the goal.
- 16 . Player A2 takes a penalty kick during the game. The ball rebounds off the goalpost directly to A2 who shoots and scores.
- A. The referee shall allow the goal.
 - B. The referee shall not allow the goal and restart with an indirect kick.
 - C. The referee shall not allow the goal and restart with a goal kick.
 - D. The referee shall order the kick retaken.
- 17 . If on a penalty kick there is a deflection out of bounds by the goalkeeper and no violation by either team, the restart is a:
- A. Retake.
 - B. Indirect free kick.
 - C. Corner kick.
 - D. Goal kick.
- 18 . Player A's throw-in lands completely outside the touchline, without having broken the plane of the touchline, and the ball bounces into the field of play. What should the referee do?
- A. The referee orders a re-throw by Team A since the ball was never put into play.
 - B. The referee awards a throw-in to Team B.
 - C. The referee allows play to continue.
 - D. The referee cautions the thrower.
- 19 . While positioned in the opponent's half of the field, attacker A2 receives the ball directly from a goal kick taken by a teammate. There are fewer than two opponents between A2 and the attacking goal line.
- A. A2 should be ruled offside because there are not at least two opponents nearer their own goal than A2 when the ball is received.
 - B. The official rules "play on."
 - C. A2 has not committed an offside offense because A2 received the ball directly from a goal kick.
 - D. The official blows the whistle and awards Team B an indirect kick for the violation.

- 20 . The home team's logo obscures the halfway line. What is the best referee response?
- A. The field is not properly marked. Do not start the game.
 - B. Request the game management to apply temporary paint to form a halfway line, then start the game.
 - C. The field is illegal, but the official should start the game and notify the state association following the game.
 - D. The field is legal. Start the game.
- 21 . During inspection of the field, the referee determines the penalty area is 45 yards wide. What is the best referee response?
- A. The field is illegally marked. Do not start the game.
 - B. Start the game, but make a mental note of where the boundary should be and make calls using the mental/invisible lines.
 - C. Start the game and use the lines as marked. Contact the state association after the game.
 - D. Ask coaches if they wish to play the game with the mismarked field.
- 22 . The home team and the visiting team are both wearing white shorts.
- A. The referee should not begin the game until the home team is wearing dark shorts.
 - B. This is permitted.
 - C. The referee should not begin the game until the home team is wearing shorts of a different color than the visiting team.
 - D. The home team should change to dark shorts. If unable to correct, the game shall be played and the referee must notify the state association following the game.
- 23 . If the ball becomes deflated during play and is declared dead, how is play restarted?
- A. Direct free kick.
 - B. Throw-in for the team last in possession.
 - C. Indirect free kick at the spot where it was last played to the team that last possessed the ball.
 - D. Drop ball at the spot where it was last played to the team that last possessed the ball.
- 24 . Which of the following needs to be included on the team roster:
- A. Players.
 - B. Bench personnel.
 - C. Coaches.
 - D. All of the above.
- 25 . The visiting team arrives at the game site and the goalkeeper's jersey does not have a number.
- A. The visiting team should change to a legal goalkeeper jersey. If unable to correct, the game shall be played and the referee must notify the state association following the game.
 - B. The game should not start until corrected.
 - C. The officials should allow the game to start, but caution the head coach before kickoff.
 - D. The officials should allow the game to begin but caution the head coach at the first stoppage.

- 26 . A player enters the game wearing beads in the hair that are securely wrapped in a bun and secured to the head. The official shall:
- A. Require the player to leave the game.
 - B. Issue a caution to the player and at the next stoppage of play have the player replaced or rectify the issue.
 - C. Take no action and allow the player to enter. The hair adornment is legal.
 - D. Card the head coach and replace the player.
- 27 . The hosting school schedules a junior varsity and varsity match on the same day. After the JV match has concluded, the visiting JV team stays to watch its varsity team. During the match, the JV players from the spectator stands are shouting comments containing abusive language toward the referees that are causing game management issues. The referee should:
- A. Allow play to continue and ignore the comments from the spectators.
 - B. Suspend the match and request game management to take appropriate action with the JV team members.
 - C. Stop play and yell up to the stands a warning that the game will be suspended and/or terminated if their behavior continues.
 - D. Stop play and direct the JV players to leave the playing area and board their school's bus for the remainder of the varsity match.
- 28 . Player A1 passes the ball to A3 using the shoulder area above the armpit. The referee should:
- A. Blow the whistle and award a direct free kick to a player from Team B for handling.
 - B. Blow the whistle and award an indirect free kick to a player from Team B for an accidental handling.
 - C. Allow play to continue.
 - D. Blow the whistle and award an indirect free kick to a player from Team A for an unintentional handling.
- 29 . The goalkeeper for Team A is wearing light blue socks. The goalkeeper's teammates are wearing black socks.
- A. Legal as long as Team B is not wearing light blue socks.
 - B. The official must remove the goalkeeper from the field until a change is made to black socks to match teammates.
 - C. Legal even if the opposing team is also wearing light blue socks.
 - D. Legal as long as the socks match the goalkeeper's jersey.
- 30 . With 1 minute and 30 seconds left in the first half of play, Team A has a two-goal lead. When the ball goes out of play for a goal kick, Team A makes a substitution. The official timer should:
- A. Notify the official of the substitution.
 - B. Notify the official of the substitution and stop the clock since the team in the lead is subbing.
 - C. Disallow the substitution and do not notify the official.
 - D. Notify the official of the substitution and stop the clock until the losing team also makes a substitution.
- 31 . B2 is pulled down by the jersey by A5. The referee stops play and awards a free kick to Team B. A5 then picks up the ball and begins walking away with the ball yelling the player fell down on their own.
- A. The referee should grab the ball out of the player's hand and place at spot of the foul and signal for the restart of play.
 - B. The referee should ignore A5 and wait until A5 puts the ball down.
 - C. The referee should give Team B two more yards for its free kick.
 - D. The referee should caution A5 and require A5 to leave the field of play.

- 32 . After a goal by Team B, a player on Team A stands in the opponent's half of the field and kicks the ball backward after the official blows the whistle to restart the game. Before the ball is touched by another player, the same player kicks the ball again to redirect it.
- A. This is legal and play should continue.
 - B. This is illegal and the kick should be retaken.
 - C. This is illegal and Team B should be awarded a direct free kick.
 - D. This is illegal and Team B should be awarded an indirect free kick.
- 33 . The goalkeeper, before taking a goal kick, moves from the right side of the goal area to the left side of the goal area before spotting the ball.
- A. Immediately stop play and give corner kick to opponent.
 - B. The referee shall stop the clock and restart once the ball is put into play.
 - C. If this is considered time-wasting, the referee shall award an indirect kick.
 - D. This is allowed, but if this is deemed a time-wasting ploy, the referee shall stop the clock and caution the goalkeeper.
- 34 . During the taking of a penalty kick, kicker B2 plays the ball backward to teammate B5 who shoots and scores a goal. What is the correct restart?
- A. The penalty kick is retaken.
 - B. Allow the goal and restart with a kickoff for the defending team.
 - C. An indirect free kick for the defending team.
 - D. A goal kick.
- 35 . The referee observes Player A1 wearing socks with the foot cut off.
- A. This is illegal. Cut socks cannot be worn.
 - B. This is illegal. The color of the foot of the sock must match the body of the sock.
 - C. This is legal as long as the visible material under the sock (and above the ankle) is similar in color to the predominant color of the sock.
 - D. This is legal. The color of the visible material under the sock does not matter.
- 36 . On a corner kick, the defending team should be positioned 10 yards away from the:
- A. Ball.
 - B. Corner flag.
 - C. Corner arc.
 - D. Touchline.
- 37 . Team A is in the lead during the last five minutes of the game. Team B has a substitute who has reported to the official area and is ready to substitute. Team A then sends a player to report to the official area and is ready to substitute. The ball goes out of play and Team B is awarded a throw-in. The official shall:
- A. Not stop the clock if both teams are substituting.
 - B. Allow the substitutions and the clock is not stopped.
 - C. Stop the clock for the substitutions.
 - D. Caution the Team A coach for unsporting conduct.

- 38 . A player from Team B kicks the ball toward a teammate. The ball strikes the hand of a player from Team A whose back is to the kicker and holding their hands at their side. The referee should:
- A. Award an indirect free kick to Team B.
 - B. Award a direct free kick to Team B.
 - C. Award a drop ball to the kicker from Team B.
 - D. Allow play to continue as no foul occurred.
- 39 . Each team shall submit a team roster. Which of the following is not permitted once the game starts?
- A. Add players to the roster.
 - B. Change uniform numbers on the roster.
 - C. Add bench personnel to the roster.
 - D. None of the above are prohibited and can happen at any time.
- 40 . A player's jersey may include which of the following optional items within size restrictions?
- A. An American flag.
 - B. A commemorative patch.
 - C. A memorial patch.
 - D. All of the above.
- 41 . Which of the following has direct supervision over ball holders?
- A. The home team's coach.
 - B. The away team's coach.
 - C. The officials.
 - D. Game management.
- 42 . During play, player A1 appears injured. The referee whistles to stop play. When is the player required to leave the field?
- A. The player must leave the field because play was stopped for an injury.
 - B. The player must leave the field once the referee stops the clock.
 - C. The player must leave the field once the referee stops the clock and beckons on the coach or appropriate health-care professional.
 - D. The player must leave the field once the player has been deemed injured by the coach or appropriate health-care professional.
- 43 . The ball strikes the referee standing on the field just outside the goal area and the ball subsequently enters the goal. What is the appropriate restart?
- A. Indirect free kick.
 - B. Kickoff.
 - C. Drop ball to the team that last touched the ball prior to hitting the referee.
 - D. Drop ball to the defending team's goalkeeper.

- 44 . Player A1 kicks the ball and it deflects off the referee standing on the field near the halfway line, and the ball goes directly over the touchline. What is the appropriate restart?
- A. Drop ball to a player on Team A.
 - B. Drop ball to a player on Team B.
 - C. Indirect free kick.
 - D. Throw-in for Team B.
- 45 . A second whistle is required to restart play for all of the following except:
- A. A penalty kick.
 - B. A direct free kick.
 - C. After a substitution.
 - D. After a caution or disqualification.
- 46 . A10 is in an offside position. Defender B12 deliberately extends their leg to play the ball. The ball then inadvertently goes toward A10. The official shall:
- A. Allow play to continue.
 - B. Penalize A10 for being offside and restart with an indirect free kick for Team B.
 - C. Penalize A10 for being offside and restart with a direct free kick for Team B.
 - D. Award a direct free kick to Team B.
- 47 . Player A3 has hair beads at the end of a pony tail secured to their head with a bun. During play, the bun comes undone allowing the pony tail with beads to swing freely. At the next stoppage, what should the referee do?
- A. Require A3 to immediately leave the field without a caution.
 - B. Ask A3 to correct their equipment, and if not immediately correctable, ask A3 to leave the field without a caution.
 - C. Require A3 to immediately leave the field and caution A3's head coach.
 - D. Ask A3 to correct their equipment, and if not immediately correctable, ask A3 to leave the field and caution their head coach.
- 48 . Team A is awarded a direct free kick and asks the referee to enforce 10 yards. Team B places two players in a defensive wall and are properly positioned by the referee. Player A1 stands next to Team B's wall. Is A1's position legal?
- A. No, attackers must remain at least 1 yard away from any defensive wall.
 - B. No, attackers must remain at least 5 yards away from any defensive wall.
 - C. No, attackers must remain at least 1 yard away from a defensive wall of two or more defenders.
 - D. Yes, because the defensive wall has fewer than three defenders.
- 49 . The referee shall signal an indirect free kick by raising an arm above their head. How long is this signal to be maintained after the ball is kicked?
- A. Until the ball clearly moves.
 - B. Until the ball touches another player.
 - C. Until the ball goes out of play.
 - D. B or C.

- 50 . Team A is awarded an indirect free kick. Player A1 steps on top of the ball without it clearly moving. Player A4 then shoots the ball directly into the opponent's goal. The referee should:
- A. Award a goal and restart the match with a kickoff for Team B.
 - B. Disallow the goal and have Team A retake the indirect free kick.
 - C. Disallow the goal and award Team B an indirect free kick.
 - D. Disallow the goal and award a goal kick to Team B.

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- 51 . You Make the Call:
- A. Blue #4 carelessly tripped Red #19, award a direct free kick to the Red Team.
 - B. Blue #4 performed a clean tackle, no foul. Allow play to continue.
 - C. Blue #4 accidentally tripped Red #19, award an indirect free kick to the Red Team.
 - D. Apply advantage and allow play to continue.

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- 52 . You Make the Call:
- A. No foul, shoulder to shoulder legal charge. Allow play to continue.
 - B. White Team player committed careless charge, award a direct free kick to Black Team.
 - C. Black Team player committed a careless charge, award a direct free kick to the White Team.
 - D. Black Team player committed a careless charge, award a penalty kick to the White Team.

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- 53 . You Make the Call:
- A. Black goalkeeper #1 attempts to play the ball, no foul, allow play to continue.
 - B. Black goalkeeper #1 carelessly charged into White Team #5 outside the penalty area, award a direct free kick to the White Team.
 - C. Black goalkeeper #1 recklessly charged into White Team #5 outside the penalty area, caution (yellow card) Black Team #1 and award a direct free kick to the White Team.
 - D. Black goalkeeper #1 charged into White Team #5 using excessive force outside the penalty area, disqualify (red card) Black Team #1 and award a direct free kick to the White Team.

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- 54 . Identify the misconduct, if any.
- A. No misconduct.
 - B. Caution (yellow card) the goalkeeper for recklessly jumping at an opponent.
 - C. Caution (yellow card) the goalkeeper for committing a deliberate tactical foul.
 - D. Disqualify (red card) the goalkeeper for denying an obvious goal scoring opportunity by committing a foul.

- 55 . Identify the misconduct, if any.
- A. No misconduct.
 - B. Caution (yellow card) Black #8 for carelessly tripping an opponent.
 - C. Caution (yellow card) Black #8 for committing a deliberate tactical foul.
 - D. Disqualify (red card) Black #8 for denying an obvious goal scoring opportunity by committing a foul.